



Darcy Aliyah Tongos

About Me

I am a hardworking and dedicated individual with a strong background in athletics, having been a competitive swimmer since the age of seven. This experience has instilled in me key qualities such as perseverance, discipline, and resilience. I thrive under pressure and am confident in my ability to handle challenges with a positive and solution-focused mindset. My critical thinking skills allow me to assess situations quickly and respond effectively, making me a reliable team member in fast-paced environments. I bring both mental and physical strength to the workplace, and I am eager to contribute my energy, focus, and strong work ethic to your team.

Contact

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Address

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Concepcion Uno Marikina City

Skills

- **Strong Communication**
- **Interpersonal skills**
- **Service Oriented**
- **Fast learner**
- **Time management**
- **Multitasking**

Experience

- **Swimming Coach**
2017-2019 | MILO LittleOlympics
Swimming Lesson Clinic at
Marikina Sports Center
- **Swimming Coach**
2020- 2024 | MarikinaPoseidon
Swimming Club - Swimming
Lesson Clinic at Marikina Sports
Center (Every Summer)
- **Administrative Assistant**
2021 - 2023 | Maynilad Water
Services Inc. under Dymand
Viscor Associate and Builders
- **Sales Assistant**
June 2025 | Decathlon Philippines -
Masinag

Educational

- **UNIVERSITY OF THE EAST -
MANILA | HIGHSCHOOL**
Graduated with Honors|
2019 - 2022
- **UNIVERSITY OF THE PHILIPPINES
- DILIMAN | COLLEGE**
2022 - Present | BS Tourism