

# David ASTUDILLO



## Experience

Virtual Assistant / Secret Shopper, TeamsByDesign  
(March 2024 - present)

Personal Trainer, Freelance / Independent  
(December 2021 - present)

Collection & Delivery Agent, A & S Marketing  
(August 2016 - August 2024)

Personal Trainer, Anytime Fitness  
(February 2021 - December 2021)

Fitness & Strength Coach, Pound For Pound Fitness  
(June 2019 - March 2020)

Customer Service Representative, Vertical Ops  
(May 2018 - July 2019)

Property Specialist, Mandani Bay  
(May 2018 - January 2019)

Restaurant & Bar Server, TGI Fridays  
(November 2013 - May 2015)

Customer Service Representative, Teleperformance  
(November 2012 - November 2013)

## Reference

**Ms. Jakosalem, Joecyln** •  
A&S Marketing Entrepreneur  
09693293814

**Mr. Delos Reyes, John Kirt** •  
Personal Training Client  
09568393466

**Ms. Ibarra, Jo Marie** •  
TeamsByDesign Virtual Assistant  
09701095891

**Ms. Rabor, Ann Kathrina** •  
Vertical Ops Support  
09271507030

## Contact

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📷 thecrossfitgod

## Education

Bachelor of Fine Arts - Major in Cinema  
2011 - 2016, University of San Carlos

Secondary Education  
2000 - 2004, Sacred Heart School - Jesuit

## Expertise

- punctuality & time management
- self motivation & autonomy
- photography & videography
- Adobe Photoshop
- human kinesiology & physiology
- bodybuilding & powerlifting

## Award

- **Personal Trainer of the Month**  
November 15 2021 Anytime Fitness
- **Health Optimization Program Master**  
November 15 2021, Anytime Fitness
- **Personal Trainer of the Month**  
June 8 2021, Anytime Fitness
- **Rookie Award**  
April 9 2021, Anytime Fitness
- **You Did Great! Award**  
February 15 2015, TGI Fridays
- **Rank 1 Agent**  
September 6 2013, Teleperformance
- **Rank 3 Agent**  
August 8 2013, Teleperformance