

JANINA G. AMANO

REGISTERED NURSE

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09169132853

Email:
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Address:
#210, Purok 14-B, Lower Cypress, Irisan, Baguio City, Benguet

Compassionate and detail-oriented healthcare professional with 2 years and 5 months of hands-on experience in bedside patient care. Currently transitioning to a Virtual Assistant role, bringing strong clinical knowledge, and excellent communication skills. Committed to delivering high-quality service, ensuring confidentiality, and improving workflow efficiency in remote healthcare settings.

Skills

- Computer literate
- Ability to adapt in a fast changing work environments and processes
- Communication and teamwork
- Patient Advocacy
- Time Management
- Patient Care
- Critical Thinking
- Health Education
- Physical Stamina
- Documentation

Certifications

Nurse Licensure Examination (NLE)
Passed November 2022
Professinal Regulations Commission

Languages

English
Tagalog
Ilocano

References

Lourdes C. Cambe, RN, MAN
Chief Nurse, ISDH- Narvacan
09178923524

Andrea Paula C. Pagdilao, RN
College Instructor, Lorma Colleges
09260954032

Education

Bachelor of Science in Nursing 2019-2022
Lorma Colleges, City of San Fernando, La Union

Bachelor of Science in Nursing 2018-2019
Saint Louis University, Baguio City, Benguet

Secondary Education
Senior High School - Ilocos Sur Polytechnic State College, Laboratory High School, Sta. Maria, Ilocos Sur 2016-2018

Junior High School - Ilocos Sur Polytechnic State College, Laboratory High School, Sta. Maria, Ilocos Sur 2012-2016

Primary Education 2006-2012
Santa Maria East Central School, Sta. Maria, Ilocos Sur

Internships

Nurse Intern — May 2022 - June 2022
Ilocos Training and Regional Medical Center, City of San Fernando, La Union

- Assisted in operating patients and childbirth
- Monitored vital signs of patients in the OR and OB
- Monitored adverse reactions after administering medications and IV therapies

Nurse Intern — April 2022 - April 2022
Ilocos Sur District Hospital - Tagudin, Tagudin, Ilocos Sur

- Performed new mom, baby and labor and delivery patient care duties
- Monitored mother and baby post-delivery
- Cleaned instrument while disposing contaminated supplies to maintain sanitation

Nurse Intern — Oct. 2019 - March 2020
Ilocos Training and Regional Medical Center, City of San Fernando, La Union

- Worked as a passionate and dedicated intern in the Pediatrics Department
- Served as a dedicated and supportive intern in a fast-paced environment at NICU
- Worked as a student nurse in the maternity care unit, assisting patients and medical professionals
- Patient education about cord care and family planning

Work

Staff Nurse — February 2023 - June 2025
Ilocos Sur District Hospital - Narvacan, Narvacan, Ilocos Sur

- Presently assigned in Medical Ward and Pediatrics Ward
- Assigned in Geriatrics Ward for 2 months
- Float Nurse in Surgical Ward and assisted in Operating Room
- Administered Ivs and prescriptions, and monitored for adverse reactions, reporting reactions immediately
- Interacted and communicated with patients of all ages, giving quality care and treatment
- Worked with an interdisciplinary team to provide optimum care to patients
- Monitored intensive care, emergency, and inpatients services, ensuring that they maintain high quality service
- Oversaw patient admission and discharge processes to coordinate the paperwork

Trainings

Basic Life Support
Ilocos Sur District Hospital - Narvacan
March 20-22, 2024