JANNA LOUISE T. PURA REGISTERED NURSE

Blk. 22, Lot 9, Phase 1B Apahap st. Kaunlaran Village, Navotas City E: janna.pura24@gmail.com T: +639054288986



KEY QUALIFICATION

- My experience and education equipped me to respond to both new and familiar tasks with drive and intelligence.
- Seeking professional challenge and opportunity to grow.
- o Knowledge to perform and evaluate diagnostic tests
- Ability to work directly with patients, families, and doctors
- Experience in basic and advance neonatal care, administering medication, and aiding doctors in medical
 procedures like Cardiopulmonary resuscitation (CPR) for newborn infants; and the ability to start and
 terminate an intravenous (IV) line.
- Knowledge to perform basic IV therapy and phlebotomy.
- $_{\circ}$ Knowledgeable in health promotion specialized on Breastfeeding.

PROFILE

- Quality oriented, adoptable and goal oriented.
- Compassionate patient care
- Good attention to details and observation
- Efficiency, reliability and accuracy; adeptly manage and coordinates daily activities and workflow, ensuring timely completion of assignments.
- Maturity, honest and ability to look challenges as opportunities; effectively make sound judgment and decision.
- Relevant computer skills (Microsoft Office)
- Outstanding communication abilities; interact successfully with diverse populations.

PERSONAL INFORMATIONS

Date of Birth:January 24, 1993Father's name:Hubert A. PuraMother's name:Esperanza T. Pura

Civil Status: Single
Age: 29
Weight: 64 kgs.
Height: 4' 9''
Religion: Catholic
Citizenship: Filipino

EDUCATIONAL BACKROUND

2015-2017 Arellano University, Manila

Bachelor of Science in Nursing College Diploma, April 2017

2010-2015 Metropolitan Medical Center College of Arts, Science and Technology

Bachelor of Science in Nursing

2006-2010 Gov. Andres Pascual College

High School Diploma, March 2009

JANNA LOUISE T. PURA

REGISTERED NURSE

E: janna.pura24@gmail.com T: +639054288986

2000-2006

Kapitbahayan Elementary School

Elementary Diploma, March 2006

EMPLOYMENT SUMMARY

• PROJECT NURSE

DMCI HOMES

Mirea Residences - Pasig, Metro Manila

• STAFF NURSE (N.I.C.U.)

Neonatal Intensive Care Unit

Mary Chiles General Hospital

667 Dalupan st. Sampaloc, Manila

• NURSE VACCINATOR

Local Government of Malabon city

• PUBLIC HEALTH NURSE

Catmon Super Health Center

Local Government of Malabon city

182 Sanciangco st. Brgy. Catmon Malabon City

October 10, 2017 - March 2018

May 7, 2018 – July 26, 2021

July 30,2021 – November 5,2021

November 6,2021- Present

EMPLOYMENT DETAILS

• PUBLIC HEALTH NURSE

Catmon Super Health Center Local Government of Malabon city 182 Sanciangco st. Brgy. Catmon Malabon City July 30,2021 - Present

Duties and Responsibilities

- 1. educate families on sound healthcare and disease prevention practices. Accomplished candidates proactively
- 2. Providing nursing services and healthcare education at homes and community clinics.
- 3. Developing treatment and intervention plans based on healthcare assessments.
- 4. Instructing families on patient care and promoting healthy lifestyles.
- 5. Coordinating treatment, convalescence, and rehabilitation plans with other healthcare providers.
- 6. Providing maternity and childcare guidance, as well as facilitating interventions, when required.
- 7. immunization programs, as well as promoting disease prevention and control measures.
- 8. Inventorizing and replenishing medical supplies, as well as maintaining medical equipment.
- 9. Updating and maintaining patient files and medical records.
- 10. Participating in health education initiatives and keeping abreast of advancements in the field of public health.
- 11. Performing first aid to minor injuries that the facility can manage.
- 12. Assisting doctors on providing minor surgeries that resources and facility can manage.
- 13. Processing diagnostic request to laboratory department.

JANNA LOUISE T. PURA

REGISTERED NURSE

E: janna.pura24@gmail.com T: +639054288986

NURSE VACCINATOR

Local government of Malabon city Ninoy Aquino Elementary School; Longos Health Center; Catmon Covered Court vaccination sites July 30,2021 – November 6,2021

Duties and Responsibilities

- Prepare supplies and materials required for vaccinations
- Properly screen, triage and evaluate the health of participants in the vaccination program
- Aspirate and dose COVID-19 vaccinations according to manufacturer guidelines
- Administer COVID-19 vaccinations to participants
- Evaluate post-vaccination condition of participants and provide emergency medical aid to those suffering from adverse reactions
- Prepare reports and summaries of vaccination events
- Coordinate with LGU and local health department representatives to secure permits and requirements for on-site vaccination activities

• STAFF NURSE

Neonatal Intensive Care Unit Mary Chiles General Hospital 667 Dalupan st. Sampaloc, Manila May 7, 2018 – July 26, 2021

Duties and Responsibilities

- Providing round-the-clock care to premature and severely ill newborn infants.
- Caring for the basic needs of infants; for example, feeding and changing diapers.
- Performing medical procedures; for example, inserting intravenous lines, performing tests, and administering medications.
- Assisting the NICU physicians in medical procedures and treatments.
- Using and adjusting specialized medical equipment.
- Formulating nursing plans and evaluating the effectiveness of treatments.
- Comforting ill newborns and anxious parents and family members.
- Offering support to parents and family members and educating them on the at-home care of their newborn.

PROJECT NURSE

DMCI HOMES

Mirea Residences - Pasig, Metro Manila

October 10, 2017 - March 2018

Duties and Resposibilities

- Develop and implement health and safety programs.
- Provide emergency treatment in the workplace.
- Administer over-the-counter medication to employees.
- Create a clean, and comfortable sickbay area.

JANNA LOUISE T. PURA

REGISTERED NURSE

E: janna.pura24@gmail.com T: +639054288986

- Promote healthy eating and wellness programs.
- Document all employee injury and illness and keep this information confidential.
- Improve the health of employees through on-going programs and health checks.
- Develop strategies to ensure maximum employee work input.
- Communicate with management on a regular basis.
- Attend seminar workshops on HIV/AIDS, Gender Sensitivity, Family planning, and Stress Management.

SEMINARS/ TRAININGS

 46th Annual ECG and 4th Clinical Cardiology Course "Master; Mastering Analysis, Skills and Techniques in ECG Reading"

Webinar- University of the Philippines and Philippine General Hospital August 12 to 13 and August 19 to 20,2022

• 1st MDH CVS Post Graduate Course: Making a Difference for your Heart

Manila Doctors Hospital, Department of Internal Medicine August 5 to 6, 2022

Basic and Advance IV therapy with Phlebotomy

HeartUp Training Center – Manila KB, Arizona Tower, 838 Padre Campa St, Sampaloc, Manila July 21 to July 22, 2022

• IM Playlist 2022: "The Melody, Harmony and Rhythm of Guidelines and Advances in Internal Medicine"

Webinar- Bicol Medical Center, Department of Internal Medicine July 14 to 15, 2022

• "Management if the Coagulopathic Surgical Patient" and 'Transfusion Reactions and Complications"

Perioperative Care Forum Webinar- "Blood" by Delex Pharma International Inc. July 13, 2022

• Cardiovascular and Renal Benefits of Canagliflozin

Webinar- University of the Philippines July 13,2022

• 5TH TMC Nutrition Summit: Advancing Medical Nutrition as 1TMC: "Cancer"

Webinar: The Medical City July 12, 2022

Clinical Practice Guidelines on Hypertension

Webinar- University of the Philippine-Manila July 11, 2022

Multiple Myeloma Treatment Landscape in the Philippines

JANNA LOUISE T. PURA REGISTERED NURSE

E: janna.pura24@gmail.com T: +639054288986

Webinar- University of the Philippines July 8,2022

 Interventional Procedures in Critical Care: "Interventional Cardiology" and "Bedside Procedures by the Interventional Radiologist: What, Why and When to call IR" Webinar- Delex Pharma International Inc. July 6,2022

"Devitalized Tissue: Evidence Based Management vs. Out-of-Date Filipino Healing Practices"
 Webinar- Philippine Nurses Association, Inc.
 July 1,02022

COVID-19 Vaccination Online Training Module 6 entitled "Vaccine Administration"
Webinar- Department of Health, Philippines
June 25, 2022

7th Beast Feeding Congress and 1st Asia Pacific Breastfeeding Conference "MDG to SDG moving Forward to Sustainable Breastfeeding" EDSA Shangri-La, Mandaluyong, Philippines August 7 to 8, 2019

PHILIPPINE ESSENTIAL NEWBORN CARE AND RESUSITATION PROGRAM (NRPh license)
 Dr. Jose Fabella Memorial Hospital, Manila
 Validity: March 1,2019 to February 28,2022

BASIC LIFE SUPPORT AND FIRST AID TRAINING

Philipping Pad Cross Manila Chapter

Physical Research Control of the Property of the Property

Philippine Red Cross - Manila Chapter September 2017

CHARACTER REFERENCES

Will provide upon request.

I hereby certify that the information above are true and correct to the best of my knowledge and belief.

JANNA LOUISE T. PURA